

MY SIMPLE HOME CARE RHYTHM + ROUTINE TO A CLEAN HAPPY HOME



MORNING CHORES:

- MAKE COFFEE
- OPEN BLINDS + CURTAINS
- MAKE BEDS
- MAKE BREAKFAST
- WATER PLANTS / FEED PETS
- PREP LUNCH
- START A LOAD OF LAUNDRY
- RUN ERRANDS
- PREP DINNER
- WASH DISHES / LOAD TO DISHWASHER TO DRY
- WIPE DOWN ALL COUNTERTOPS + SINKS



NIGHT CHORES:



- CLEAN UP AFTER DINNER
- UNLOAD DISHWASHER
- WASH AND REPEAT
- SWEEP KITCHEN + LIGHT MOP
- TAKE OUT GARBAGE + RECYCLE
- PICK UP THE HOUSE + PLACE BACK STUFF WHERE IT BELONGS
- VACUUM
- FOLD LAUNDRY
- BATH TIME (KIDS)
- LIGHTS OUT (KIDS)
- PREP FOR THE NEXT DAY
- SHOWER, MAKE TEA + READ OR RELAX



WEEKLY CHORES:



- CHANGE BED LINENS (2X A WEEK)
- VACUUM ALL CARPETS + RUGS
- SWEEP AND MOP ALL FLOORS
- DUST FROM TOP TO BOTTOM
- POLISH FURNITURE
- POLISH MIRRORS & WINDOWS
- DISENFECT SHOWER & TOILET
- WASH KITCHEN TOWELS + RAGS
- ORGANIZE CLOSET (OPTIONAL)
- WASH TOWELS
- DO ANY HANDWASHING
- WASH, FOLD + PUT AWAY LAUNDRY